

District 48 Newsletter

February 2013

www.District48aa.org

Language of the Heart

The Language of the Heart is a favorite among many. This book is a compilation of Bill W's *Grapevine* writings. *The Grapevine*, known as our meeting in print, started out as a local newsletter by six New York AAs.

According to Lois, Bill's wife, writing articles to *The Grapevine* was Bill's way of passing on the message. His way of sharing his experience, strength and hope.

Close to 70 years after the first *Grapevine* article was written, *The Language of the Heart* remains a source for deeper understanding of the principles of the program.

In Bill's article to *The Grapevine* dated January of 1962, Bill writes about his first phase of AA life

being characterized by a great deal of **pride** and **power-driving**. The craving for influence and approval, **the desire to be the leader**.

Better still, this behavior could now be justified—all in the name of good works!

His demands for approval, based on the fear that he might not get enough of it, began to collide with the same traits in fellow AA's. Bill goes on to explain in this particular article that their saving the Fellowship from him and vice versa became an all-consuming endeavor which resulted in anger and suspicion among other things.

Any number of AA's commenced to play God all over again and for years AA power-drivers ran hog wild.

However, out of this fearsome situation, Twelve Steps and Twelve Traditions of AA were formulated.

Bill states mainly these principles were designed for **ego reduction**, and therefore the reduction of our fears. He wrote, "These were the principles which we hoped would hold us in unity and increasing love for each other and for God."

No one is immune to the challenges Bill described in this article. Thankfully, Bill had the wisdom to write his experience and hope so that we could learn from him.

Contact AA Online:

www.aa.org
www.area59aa.org
www.aagrapevine.org

By Phone:

Local: 570-327-2860

By Mail:

G.S.O.
PO Box 459
Grand Central Station
New York, NY 10163

For strength and hope for friends and families of problem drinkers:

Al-Anon Online:
www.al-anon.alateen.org



"These were the principles which we hoped would hold us in unity and increasing love for each other and for God."

Area 59

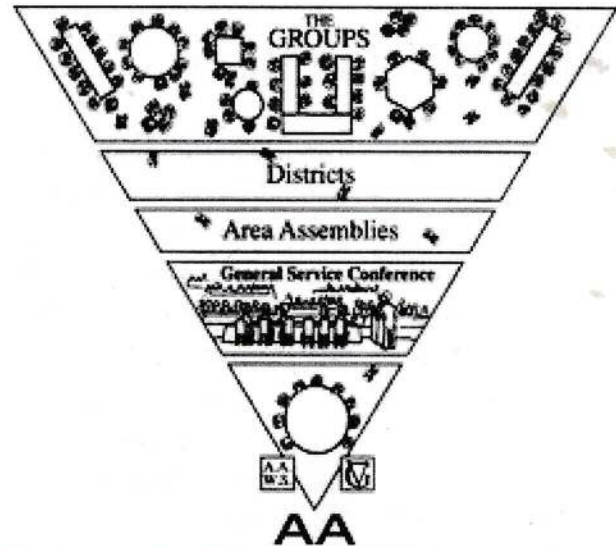
Millions of men and women have heard or read about the unique Fellowship called Alcoholics Anonymous since its founding in 1935. Of these, more than 2,000,000 now call themselves members. People who once drank to excess, they finally acknowledged that they could not handle alcohol, and now live a new way of life without it. (Excerpt from G.S.O. Conference-Approved Literature.)

Did you know that Area 59 has a total of 46 Districts?

And that each district in Area 59 has anywhere between 11 to 82 groups per district?

And that District 48 has 35 Groups?

Diagram of how AA exists beyond the confines of individual groups.



INTEREST IN INTERGROUP

On February 2, 2013, at 2 p.m., an informational Intergroup discussion meeting was held at the Sahara Clubhouse. The attendees were several members of A.A. from District 48 as well as representatives from neighboring districts.

The bulletin, titled "A.A. Guidelines Central or Intergroup Offices" was made available everyone in attendance. This bulletin can be found on the website www.aa.org.

During the meeting a Steering Committee was created and named Rhianna as the Chair with Marilyn and Casey as members.

ALL ARE INVITED

The next meeting to be held will be **Saturday, March 16, 2013, at 2 p.m.** Since the Sahara Club's last day at the Pajama Factory is not until March 31, 2013, the meeting is scheduled for that location.

COMING IN FEBRUARY...

S.E.I.P.A/E.P.G.S.A

Share-A-Day Workshop

Location: University of Sciences, Phila

Date and Time: 2/17/2013 10 a.m.-4p.m.

NERAASA Planning Meeting

Location: Lancaster Host, Lancaster, PA

Date and Time: 2/21/13 10 a.m.

NERAASA February 22-24, 2013

Lancaster Host, Lancaster PA